



American
Spaces

PODCAST DISCUSSION GUIDE

22.33 EP 64 - SPACESHIP EARTH



Note: This discussion guide is designed to be used by American Space staff or volunteers to lead a discussion on space exploration and the influence that our perceptions have on how we view ourselves and others.



INTRO TO PODCAST

- Introduce the podcast: A veteran of three space missions, including a six-month stay on the International Space Station, astronaut Cady Coleman talks about life in space, living in close quarters with people from different countries, and the importance of sharing her story around the world. Write the below definition:

Perception - the ability to see, hear, or become aware of something through the senses.

- Play **22.33 Podcast, episode 64: Spaceship Earth**. Stop the podcast at 9:40, break the participants into groups, and ask have them discuss the following questions.

DISCUSSION QUESTIONS

1. What perceptions did Cady Coleman have that changed once she went to space?
2. Can you think of any situations or places you've been where you felt like you were having to adapt to a totally new environment?

Continue the podcast until 19:50, then ask the following question:

3. The International Space Station is a joint project between five participating space agencies of the United States, Russia, Japan, Europe, and Canada. What do you think this project can teach us? Can you think of a time when you had set aside differences in order to work together as a team?

If time permits, continue listening to the podcast and ask the following questions:

4. How did Cady's experience change her view of who we are as humans?
5. What can you do to challenge others' perceptions, as well as your own?

Resources

<https://eca.state.gov/2233>

<https://www.nasa.gov/stem/>

<https://elibraryusa.state.gov/>



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